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She Thinks Homemaking Is Greatest Career

By Dorothy McCardle
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BLOND and energetic Anne Goulding gives full status to the home job as the best way she can aid her husband, Phil G. Goulding, the new Assistant Secretary of Defense for Public Affairs.



Mrs. Goulding has never had a career outside of the home, either before or since marriage. With five growing children, she finds her days rewarding at the Gouldings' handsome white house set high on a tree-covered knoll on Glenbrook Road in Bethesda.

She has developed skills and talents in response to the daily challenges of everyday living. Her gaiety with her family attests to the satisfaction she gets out of it.

SHE is forever experimenting, whether with a work of art or a recipe. Her three sons and two daughters have caught her infectious pioneering spirit. She is as slim as they are and as full of energy.

Last year she discovered the sewing machine. The challenge came when her husband brought her some handsome silk material from Thailand.

"I simply had to learn to sew to make myself a new evening gown out of that beautiful material," she said.

Now, she makes most of her own evening gowns.

Her infatuation with the sewing machine soon grew into a mother-and-daughters act. Laura, 12, a 7th grader at the Thomas W. Pyle School, started first. Nancy, 9, a 4th grader at the Bethesda Elementary School, watched and

"Laura has been making me clothes," Nancy piped up about her big sister.

MRS. Goulding's long-time interest in art has been contagious, too. Nancy tried her hand at depicting trolls with paint and paper (you know, those fairy folk that live in childhood stories).

The result was so successful that Nancy's work of art, on view at a local recreation center, won a buyer who paid five dollars for her effort.

Mrs. Goulding's works of art have also found a popular response outside the home. Her most successful creations are gold papier mache Christmas figures for which there is a demand in a gift shop in the Bethesda area.

Some years ago she made her first figures, when she was asked to do some decorations for her circle of the Florence Crittenton Home. She is currently vice president of the Jean S. Cole, Jr. circle of the home in Montgomery county.

As the result of her training as an interior decoration major at Western Reserve University in Cleveland, she had learned, when in doubt, to improvise. So she took wire, cardboard rollers from paper towels, white cloth and gold paint and came up with figures for a Nativity scene.

During the pre-Christmas holidays, Nancy took a phone call for her mother who was busy with her papier mache creations.

"Mother can't come to the phone now because she's got a camel in the oven," said Nancy.

Mrs. Goulding was drying out three camels and three Wise Men before replacing them with a family roast.

PHIL GOULDING is successor to Arthur Sylvester, who stepped out as Assistant Secretary of Defense for Public Affairs on Friday.

Goulding will not move into Sylvester's office until he has been confirmed by the Senate. But when he does, his talented wife will have a new work of art for his office walls. He has been asking her to do something special for him.

"I'm planning to do some kind of patriotic collage," she says.

She knows the long hours her husband will put in on his new job, because for the past two years he has been Sylvester's Deputy.

He leaves home slightly after 7 a.m. and never returns until after 7:30 at night. But he doesn't leave without a small attention to his wife's own long, full days. He often drops off a tray of breakfast at her bedside on his way out the door.

It used to be, when he was a newspaperman here for the Cleveland Plain Dealer, that his wife Anne got up earlier than he did.

"I used to give him breakfast in bed when he was a newspaperman," she recalls. "But since he has been at the Pentagon, he is really the neglected one. He gets up so much earlier than I do that he gets his own breakfast and often brings mine on a tray on his way out to work. I guess I am the spoiled one now."

THE GOULDINGS were married when Phil Goulding was a cub reporter on the Cleveland Plain Dealer, and the former Anne Catherine Wright was working for her master's degree in the history of art. She never got the degree, but got married instead. They moved to Washington 16 years ago. Goulding was a writer on military affairs when he became Deputy to Art Sylvester in April, 1965.

PHIL GOULDING spends lots of time with his family over the weekends. He and his wife read together and plan a lot of bridge together.



PHIL G. GOULDING
 ... new information chief

too. He and the boys compete in rapid-fire sessions of pingpong. Barry, 16, a junior at Walt Whitman High School, and Kent, 14, who is a 9th grader at the Pyle School, try their best to defeat their father at pingpong. But he's too good for them. Phil, Jr., 7, a second grader, is learning.

EVERYBODY in the family loves the home cooking which Mrs. Goulding serves them. She loves to cook, too. She explores "The Gourmet Cookbook" for new recipes. One of her favorites, Chicken Merengo, will be used a lot when she starts all the entertaining which she expects will be part of her husband's new job.

Here is her recipe: "Cut up two broilers, weighing about two pounds each. Rub each piece with a damp cloth, season with salt and pepper and sprinkle with flour.

"In a heavy pan, heat 4 tablespoons of oil or two tablespoons each of oil and butter. Brown chicken over a bright flame until golden, turning frequently.

"Transfer chicken to an earthen casserole, add two large cloves of garlic, chopped fine, and two large tomatoes, peeled and cut in pieces. Cover casserole tightly. Place in oven at 350 degrees for one hour."